



Prescribed for Progress™

SPECIAL NEEDS

SCIFIT's Inclusive Fitness equipment is designed to be used by individuals of all ages and abilities while meeting the needs of individuals who have cognitive, sensory or physical disabilities. These products serve a wide range of people and add value and variety to your fitness offering. The Inclusive Fitness equipment is particularly suitable for special populations due to the accessibility, comfort, adjustability, and ease of use.

Preferred Products for Special Needs

- Inclusive Fitness (IF) PRO1 Upper Body Exerciser
- Inclusive Fitness (IF) ISO7000R Recumbent Bike
- Inclusive Fitness (IF) PRO2® Total Body Exerciser
- StepOne™ Total Body Recumbent Stepper





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Easy to Use

SCIFIT equipment is easy to use and features simple, familiar movements – walking pedaling, pushing and pulling. The large touch screen features an uncluttered menu with high color contrast and large font size. Tactile buttons are also available to use to aid individuals with visual impairments.

For Everyone

SCIFIT offers the broadest user height range and workload range in the industry to accommodate users of all sizes and abilities. SCIFIT products offer complete accessibility including direct wheelchair access, low step over, swivel seats and assistive handrails and steps to meet the needs of everyone.

Safety

Built-in safety features equate to a low risk of injury. From sturdy side handrails to low starting resistance, SCIFIT equipment has safety features integrated to keep individuals safe while staying physically active.

191 Levels of Resistance

SCIFIT equipment features a low starting resistance. This allows users to start the exercise and maintain program function at extremely low speeds and resistance. The workload can be changed in .1 increments - providing 191 levels of resistance and the most comprehensive, progressive system for gradual improvement.

Decrease Localized Fatigue

The majority of SCIFIT products feature bi-directional resistance, which allows the user to exercise in both forward and reverse, changing directions at any time and as often as desired. Bi-directional resistance aids in the recruitment of reciprocal muscle groups and reduces the risk of injury from muscle imbalance. Changing directions can decrease localized fatigue, resulting in the ability to prolong the workout.

Invest in Durable Equipment

When it comes to selecting equipment, low cost in the short-term may not always save you money in the long run. SCIFIT products are reliable, durable and are backed by a premium warranty, resulting in peace of mind and reduced cost of ownership.

