



CORPORATE FITNESS

Prescribed for Progress™

Whether it's a few pieces of equipment in a 100 square foot area or a state-of-the-art fitness center, SCIFIT meets the needs of corporations and their employees. Corporate fitness programs have been shown to reduce insurance costs, increase productivity and boost morale. SCIFIT equipment meets the challenges of the corporate environment. It is durable, safe and requires little supervision especially with the aid of our exclusive USB Fit-Key technology. SCIFIT offers a great blend of cardio equipment to meet the needs of a diverse workforce.

Preferred Products for Corporate Fitness

- PRO1 Sport Standing Upper Body Exerciser
- PRO1000 Sport Upper Body Exerciser
- ISO1000R Recumbent Bike
- ISO1000 Upright Bike
- AC5000 Treadmill
- PRO2® Sport Total Body Exerciser
- REX™ Recumbent Elliptical
- SXT7000 Total Body Exerciser





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Easy to Use

SCIFIT equipment is easy to use and features simple, familiar movements – walking pedaling, pushing and pulling. The large touch screen features an uncluttered menu with high color contrast and large font size.

Accessibility

Your office is ADA compliant. The restrooms are ADA compliant. What about your fitness area? SCIFIT products offer complete accessibility including direct wheelchair access, low step over, swivel seats and assistive handrails and steps to meet the needs of all employees.

Don't Have Much Time?

SCIFIT's exclusive Fit-Quik program takes the guesswork out of setting up a great workout. This fast but highly effective interval training experience has changes of intensity and direction that will keep you focused. The workout moves quickly, keeping motivation high as you increase your overall endurance, muscular strength and cardiovascular condition. It is easy to use... simply select the Fit-Quik program and follow the instructions on the screen.

For Everyone

Need equipment to accommodate employees just beginning physical activity and also those who are athletic? SCIFIT offers the broadest user height range and workload range in the industry to accommodate employees of all sizes and abilities. SCIFIT equipment features a low starting resistance and tops out above 1000 watts to meet the needs of deconditioned and elite athletes alike. The workload is adjustable in .1 increments, providing 191 levels of resistance to assist with user progress in a safe and effective way.

Engage Employees

Documentation possibilities are endless with SCIFIT equipment. Motivate employees with corporate challenges or by tracking individual progress. Workout results can simply be saved to a USB flash drive during the workout cool down. Using the Fit-Key software, custom workouts are developed and recorded. One session or a series of sessions can be charted on an individual basis.

