



Prescribed for Progress™

STEPONE™ RECUMBENT STEPPER

StepOne provides a smooth, total body functional movement. It features low starting resistance, direct wheelchair access, adjustable arm length and handle angle and customizable programs to help users reach their goals.

- User defined stride length from 5cm to 29cm with Intelli-Stride feedback for safe progressions
- Arm-to-leg movement help improve activities of daily living such as climbing stairs
- Low starting resistance (6 watts)
- Direct wheelchair access along with step-through seating and grab bar allow for easy access
- Arm length adjustments and rotating handgrips provide user comfort and custom fit
- Small footprint along with integrated transport handle and wheels allow for easy placement
- Premium, standard and bariatric seat options

StepOne with Premium Seat and Cool Grey Covers



SPECIFICATIONS

Specification	StepOne™
Workout	Recumbent
Console	Intelli-Fit
Seat System	Premium Seat has 360-degree swivel, recline & full adjustability
Removable Seat	Yes
Wheelchair Platform	Optional
Medical CE IIa Certification	No
Resistance	Workload levels range from 1 - 20, adjustable in 0.1 increments, providing 191 levels of resistance
Programs	Manual • Iso-Strength • Heart Rate • Constant Work • Random • Hill Profiles • Fit-Quik • Power Burst • Heart-Fit Test • Heart-Fit Training • Power-Fit Test • Power-Fit Training
Feedback	Heart Rate • Time • RPM • Calories • Distance • Level • Watts • METS
Power	Self-generating from just 6 watts with auto recharge and battery back up
Length	173cm
Width	76cm
Height	122cm
Weight	125kg
Max. User Capacity	204kg
Color	Silver powder coated frame and cool grey covers
Warranty	3 years parts

Seat System Options

- Standard Seat (227kg max user weight)
- Bariatric Seat (272kg max user weight)

Optional Accessories

- Wheelchair Platform
- Heavy-duty Wheelchair Ramp
- Assist Gloves
- Leg Stabilizers