



Prescribed for Progress™

PRO1

ADJUSTABLE UPPER BODY EXERCISER

This versatile, highly adjustable upper body exerciser can be used seated or standing. It is also ideal for ground-based training.

PRO1 with Premium Seat and Cool Grey Covers



- Adjustable tilt head for all heights and ranges of motion
- Adjustable arm cranks: 4 ROM settings plus unison motion
- True, adjustable step-through accessibility
- Bi-directional exercise
- Iso-Strength safe, accommodating strength program
- Very low starting resistance
- Wheelchair platform included
- Removable seat for wheelchair access
- Premium, standard and bariatric seat options

SPECIFICATIONS

Specification	PRO1
Workout	Upper Body
Head	Adjustable
Cranks	Adjustable
Console	Intelli-Fit
Seat System	Premium Seat has 360-degree swivel, recline & full adjustability
Removable Seat	Yes
Wheelchair Platform	Yes
Medical CE IIa Certification	No
Resistance	Workload levels range from 1 - 20, adjustable in 0.1 increments, providing 191 levels of resistance
Programs	Manual • Iso-Strength • Heart Rate • Constant Work • Random • Hill Profiles • Fit-Quik • Power Burst • Heart-Fit Test • Heart-Fit Training • Power-Fit Test • Power-Fit Training
Feedback	Heart Rate • Time • RPM • Calories • Distance • Level • Watts • METS
Power	Self-generating from just 6 watts with auto recharge and battery back up
Length	152cm
Width	76cm
Height	180cm
Weight	110kg
Max. User Capacity	204kg
Color	Silver powder coated frame and cool grey covers
Warranty	3 years parts

Seat System Options

- Standard Seat (227kg max user weight)
- Bariatric Seat (272kg max user weight)

Optional Accessories

- Heavy-duty Wheelchair Ramp
- External Rotation Device
- Straight Hand Grips
- Assist Gloves