



Prescribed for Progress™

# ISO7000

## BI-DIRECTIONAL UPRIGHT BIKE

With the same dual seat adjustments, large comfortable seat and easy entry as the ISO1000, this model also has bi-directional resistance.

- Bi-directional resistance for versatility and reciprocal muscle balance
- Step-through access allows easy entry
- Vertical and horizontal seat adjustments for biomechanical fit
- Oversized seat provides comfort for all users

ISO7000 Bi-directional with Cool Grey Covers



### SPECIFICATIONS

Specification	ISO7000
Workout Position	Upright
Console	Intelli-Fit
Seat System	Vertical & Horizontal Adjustments
Pedals	Oversized • self-righting
Cranks	Fixed
Medical CE IIa Certification	No
Bi-directional Resistance	Yes
Resistance	Workload levels range from 1 - 20, adjustable in 0.1 increments, providing 191 levels of resistance
Programs	Manual • Iso-Strength • Heart Rate • Constant Work • Random • Hill Profiles • Fit-Quik • Power Burst • Heart-Fit Test • Heart-Fit Training • Power-Fit Test • Power-Fit Training
Feedback	Heart Rate • Time • RPM • Calories • Distance • Level • Watts • METS
Power	Self-generating from just 6 watts with auto recharge and battery back up
Length	147cm
Width	61cm
Height	134cm
Weight	51kg
Max. User Capacity	159kg
Color	Silver powder coated frame and cool grey covers
Warranty	3 years parts

### Optional Accessories

- Adjustable Cranks
- Low Support Boots

