Clinicians rely on SCIFIT’s extensive line of rehabilitation equipment and programs to assist them in reducing the risk of future heart problems and improving the quality of life of their patients. SCIFIT offers a wide variety of programs and include assessments to measure a patient’s ability to exercise and other programs focused on improving strength and endurance. SCIFIT is the solution to help patients progress throughout their cardiac and pulmonary rehabilitation programs.

Preferred Products for Cardiac & Pulmonary Rehabilitation

- PRO1000 Upper Body Exerciser
- PRO1 Upper Body Exerciser
- ISO1000R Recumbent Bike
- AC5000 Treadmill
- PRO2® Total Body Exerciser
- REX™ Total Body Recumbent Elliptical
- StepOne™ Total Body Recumbent Stepper
- SXT7000e² Easy Entry Elliptical
- Latitude™ Lateral Stability Trainer
Easy to Use
SCIFIT equipment is easy to use and features simple, familiar movements – walking, pedaling, pushing and pulling. The large touch screen features an uncluttered menu with high color contrast and large font size.

For Everyone
SCIFIT offers the broadest user height range and workload range in the industry to accommodate patients of all sizes and abilities. SCIFIT products offer complete accessibility including direct wheelchair access, low step over, swivel seats and assistive handrails and steps to meet the needs of all patients.

191 Levels of Resistance
SCIFIT equipment features a low starting resistance. This allows patients to start the exercise and maintain program function at extremely low speeds and resistance. The workload can be changed in .1 increments - providing 191 levels of resistance and the most comprehensive, progressive system for gradual improvement.

Documentation
Documentation possibilities are endless with SCIFIT equipment. Workout results can simply be saved to a USB flash drive during the activity session cool down. Using the Fit-Key software, custom workouts are developed and recorded. One session or a series of sessions can be charted on an individual basis.

Endurance Program
Constant Work is a program that serves two main purposes: helps increase patient endurance and provides an exercise program to patients with limits built-in as a safeguard. The workload (watts/METs) will remain constant throughout the program. Therefore, at higher cadence of RPM’s, the perceived load on the muscles is reduced. Likewise, at lower cadence of RPM’s, the perceived load on the muscles is increased.

Safety
Built-in safety features equate to a low risk of injury. From sturdy side handrails to low starting resistance, SCIFIT equipment has safety features integrated to keep individuals safe while staying physically active.