

ISO1004R Idler Replacement



P1091 Idler, Elliptical, Recumbent

1. Remove the brake by following steps 1-12 of the removal section of the brake replacement procedure.
2. Using a 9/16" socket, remove the nut and lock washer holding the idler to the monocoque. This is located in the right outer side of the monocoque.
3. Remove the bolt that runs through the center of the idler.
4. Insert the bolt through the idler and back into mounting hole.
5. Install the lock washer and nut onto the idler mounting bolt. Tighten nut.
6. Reinstall the brake assembly by following steps 1-5 in the installation section of the brake replacement procedure.