



**Scientific Solutions For Fitness™**

## **Product Specifications**

### **SCIFIT PRO1 Adjustable Position Upper Body Exerciser**

<b>Features</b>	<ul style="list-style-type: none"><li>• Infinitely adjustable control head with range from 36 ½" to 61 ¼" with gas assisted lift and locking system.</li><li>• Adjustable console angle to accommodate users at all positions.</li><li>• Allows users up to 6' 6" to work overhead while seated.</li><li>• Vertical seat adjustment with gas assisted lift and swivel.</li><li>• Step-through access.</li><li>• Adjustable crank arm system with four settings, also reversible for rotary rowing motion.</li><li>• Bi-directional movement and resistance.</li><li>• Fit-Key™ technology, optional.</li><li>• Singular lever removable seat for wheelchair access (ADA compliant), standing exercise, and for use with balance balls and standing balance accessories.</li><li>• Multiple position rotational level system at two points.</li><li>• Heart Rate compatible with most wireless technology.</li><li>• Wheelchair platform included, used for standing position also.</li><li>• Removable two-position footrests and wheelchair tie downs.</li><li>• Optional Internal/External Rotation Device.</li></ul>
<b>Performance</b>	<ul style="list-style-type: none"><li>• Resistance system-3 phase combination generator and eddy current brake with resistance output of 5 to 2000 watts.</li><li>• Computer adjustable in .1 increments with 200 levels of resistance</li></ul>
<b>Programs</b>	<ul style="list-style-type: none"><li>• Manual - One Button Quick Start.</li><li>• Heart Rate - Machine adjusts workload to maintain target heart rate.</li><li>• Constant Work - With wattage as a baseline, machine maintains constant workload independent of pedal speed.</li><li>• Iso-Strength - for strength training.</li><li>• Random - Infinite number of program profiles.</li><li>• Hill Profiles - 7 hill programs with over 20 levels of intensity.</li></ul>
<b>Feedback</b>	Heart rate, time, rpm, calories, distance, level, watts, METS
<b>Dimensions</b>	<ul style="list-style-type: none"><li>• Height 77"</li><li>• Length 60"</li><li>• Width 30"</li><li>• Weight 218 lbs.</li><li>• User capacity 450 lbs.</li></ul>
<b>Color</b>	Frame - Silver powder coated Covers - Metallic Gray with UV Protection
<b>Power</b>	Self-generating with auto recharge battery back up. Low voltage AC adaptor included.
<b>Warranty</b>	3 years parts, 1 year labor
<b>Order Code</b>	PRO100

Made in USA