



**Scientific Solutions For Fitness™**

## ***Product Specifications***

### **SCIFIT PRO1 Sport - Standing Upper Body Exerciser**

<b>Features</b>	<ul style="list-style-type: none"><li>• Infinitely adjustable control head with range from 36 ½" to 61 ¼" with graduated protractor and gas assisted lift and locking system.</li><li>• Adjustable console angle to accommodate users at all angles.</li><li>• Enhanced standing platform.</li><li>• Adjustable crank arm system with four settings, also reversible for rotary rowing motion.</li><li>• Bi-directional movement and resistance.</li><li>• Fit-Key™ technology, optional.</li><li>• Multiple position rotational level system at two points.</li><li>• Heart Rate compatible with most wireless technology.</li><li>• Optional Internal/External Rotation Device.</li></ul>
<b>Performance</b>	<ul style="list-style-type: none"><li>• Resistance system-3 phase combination generator and eddy current brake with resistance output of 5 to 2000 watts.</li><li>• Computer adjustable in .1 increments with 200 levels of resistance</li></ul>
<b>Programs</b>	<ul style="list-style-type: none"><li>• Manual - One Button Quick Start.</li><li>• Heart Rate - Machine adjusts workload to maintain target heart rate.</li><li>• Constant Work - With wattage as a baseline, machine maintains constant workload independent of pedal speed.</li><li>• Iso-Strength - for strength training.</li><li>• Random - Infinite number of program profiles.</li><li>• Hill Profiles - 7 hill programs with over 20 levels of intensity.</li></ul>
<b>Feedback</b>	Heart rate, time, rpm, calories, distance, level, watts, METS
<b>Dimensions</b>	<ul style="list-style-type: none"><li>• Height 77"</li><li>• Length 60"</li><li>• Width 30"</li><li>• Weight 234 lbs.</li></ul>
<b>Color</b>	Frame - Silver powder coated Covers - Metallic Gray with UV Protection
<b>Power</b>	Self-generating with auto recharge battery back up. Low voltage AC adaptor included.
<b>Warranty</b>	3 years parts, 1 year labor
<b>Order Code</b>	PRO101

**Made in USA**