



Scientific Solutions For Fitness™

Product Specifications

SCIFIT ISO1000R Recumbent Bike - Standard Unit

Features	<ul style="list-style-type: none">• Step through access with 2" maximum height clearance at step through point.• Heavy duty, 3-piece, proprietary crank system.• Bike has low center of gravity for user safety and stability.• Fit-Key™ technology, optional.• Multiple position rotational level system at four points.• Heart Rate compatible with most wireless technology, and contact heart rate.• Adjustable cranks, optional
Performance	<ul style="list-style-type: none">• Resistance system - 3 phase combination generator and eddy current brake with resistance output of 5 to 2000 watts.• Computer adjustable in .1 increments with 200 levels of resistance.• Starting wattage of 5 with no minimum pedal speed to begin.
Programs	<ul style="list-style-type: none">• Manual - One Button Quick Start.• Heart Rate - Machine adjusts workload to maintain target heart rate.• Constant Work - With wattage as a baseline, machine maintains constant workload independent of pedal speed.• Iso-Strength - for strength training.• Random - Infinite number of program profiles.• Hill Profiles - 7 hill programs with over 20 levels of intensity.
Feedback	Heart rate, time, rpm, calories, distance, level, watts, METS
Dimensions	<ul style="list-style-type: none">• Height 53"• Length 58"• Width 24"• Weight 213 lbs.• User capacity 500 lbs.
Color	Frame - Silver powder coated Covers - Metallic Gray with UV Protection
Power	Self-generating with auto recharge battery back up. Low voltage AC adaptor, optional.
Warranty	3 years parts, 1 year labor
Order Code	ISO1010R